

# MINDSET

LAZY = HUMAN

# What is mindset?

„A fixed mental attitude or disposition that predetermines a person's responses to and interpretations of situations.” -

<http://www.thefreedictionary.com/mindset>

# Why should we talk about it?

- Because almost no one does
- Proper mindset raises self-awareness
- Programming competitions are sport

# Reasons why we compete

- Gaining knowledge
- Finding a job
- Earning money
- Having fun

# Reasons why we compete #2

- Friends are competing
- Low self-esteem / Strive for success
- Grinding
- Addiction
- Influence of significant people (parents, teachers)
- Boredom

# What does it mean?

- First group of reasons were active, the other one was passive
- People are generally passive – in order to change their habits they need an outside stimulus
- Change your environment



**WE  
ARE  
LAZY**

# Motivation graphs

- Motivation vs Age
- Motivation vs Learning Rate
- Motivation vs Knowledge
- Motivation vs Success